



TURKEY GAMES!



Feathers are blowing! (Relay)

Each member on each team gets a feather*. When it is his/her turn, he/she blows the feather up into the air from point A to point B (4th grade and up). If the feather falls, they throw it back into the air and start again where they are standing. Grades K-3 will blow the feather on the ground from point A to point B. *Variations:* partners, or groups of 3/4 *. Give them other locomotor movements to perform on their return trip: Ex. skip, slide, gallop, power walk, hop, jump, etc...

*Feathers are the lightweight crafting kind



Turkeys & Crabs! (Relay)



Each team gets one turkey*. They will take turns moving the turkey from point A to point B in a crabwalk position then return to the line to hand off the turkey to the next crab. *Variations:* Shorten the distance for smaller children, give them other locomotor movements to perform once they crabwalk to the first point. Ex. Crab walk down, then run, skip, slide, gallop, power walk, hop, jump, etc... on their return trip back.

Change direction of the crab: Forward, backward, sideways

*Turkey is a lightweight ball with long crafting feathers taped to it.

If you're in Florida, coconuts work great as butterballs, too!



Turkey Roll (Relay)

Each team gets one turkey*. They will take turns rolling the turkey from point A to point B with their head, then return to the line to hand off the turkey to the next roller. *Variations:* Shorten the distance for smaller children, give them other locomotor movements to perform once they roll to the first point. Ex. Crab walk down then run, skip, slide, gallop, power walk, hop, jump, etc... on their return trip back. Roll in a straight line or around cones.

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Run the Turkey! (Relay)

Each team gets one turkey*. They will take turns running the turkey from point A to point B then return to the line to hand off the turkey to the next runner.

Variations: Shorten the distance for smaller children, give them other locomotor movements to perform instead of running to the first point. Ex. skip, slide, gallop, power walk, hop, jump, etc... on their return trip back.

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Shoot the Turkey! (Timed Group Relay, basketball type game, Free shoot)

How many free throws can a group make in an amount of time? (1 or 2 minutes)
Play an actual game of basketball with the turkey! (Feathers will come off)
Let the members free shoot with the turkey for an amount of time.



Pass the Turkey (Group Relays)

How many passes can a group get in an amount of time? (circle)

Variations: Put the passes on the move. How long does it take the group to pass the turkey down the court end line to end line? If you have the turkey, you can't move your feet.

Relay: In a line, pass the turkey to your right (then left next relay) to the person behind you.



Ice Cream Dash (Relay)

Each team gets one ice cream "cone" and a "scoop" of ice cream (cone and gator ball). They will take turns running with the scoop from point A to point B , around an object , then return to the line to hand off the ice cream to the next roller.

Variations: Shorten the distance for smaller children, give them other locomotor movements to perform as they relay.



Gotta GO! Hold it! (Relay)

Each team gets one ball. They put it between their knees and figure out how to get the ball down to the bucket where they will release it from their legs. They will pick up the ball from inside the bucket and run it back to hand it to the next person. *Variations:* Shorten the distance for smaller children, throw the ball back to the next person.



OTHER GAMES:

Apple Pie (Relay)

Carry the “apple” (gator ball) under the chin down to the bucket. Drop the “apple” into the bucket then pick it up and run it down to the next person in line.

Turkey Targets

Tape pictures of turkeys onto cones and let the members throw a gator ball at them to attempt to knock them over. Make it a 2 team game by placing the turkeys on each end line.

Rain Dance:

K-2nd grade; Sit in a circle and give every member a cone. Show them the different sounds it makes based on what part of the cone hits the floor. Show them a few simple beats. Let them practice. You can give specific striking surfaces and/or beats to a color of cone, where everyone plays together but makes a different sound. After that, let one group do the “rain dance” around the circle while the other provides the cone music then switch.

Turkeys vs Pilgrims Dodgeball

Questions? Email Brenda Arnold, Athletic Coordinator for the Boys & Girls Club of Collier County at barnold@bgccc.com